

**MHA approved (sponsored or otherwise) Classroom (webinar, or any non-hands on seminar) seminars are assigned CEU's at the rate of:**

2 hours per CEU\* for attendees.

1 1/2 hours per CEU for instructors.

2 hours per CEU for assistant instructors. (This is new, accounting for a situation where more than one instructor is involved in a seminar)

\* any course over 12 hours is awarded 6 CEU's (this puts a maximum on longer courses like First Aid, etc. The reviewer could still assign fewer than 6 CEU's as well.)

**MHA approved Hands on Workshops including HMed:**

attendees:

4 hours per CEU (over 30 hours, receive 7 1/2 CEU's/workshop)

instructors: 3 hours per CEU (any workshop over 30 hours receives 10 CEU's)

ass't instructors: 4 hours per CEU (any workshop over 30 hours, receive 7 1/2 CEU's)

**Non MHA sponsored seminars and workshops:**

5 hours per CEUs. (this assumes that if its not MHA approved, the instructor won't be looking for MHA CEU's) Seminars or workshops over 30 hours receive 6 CEU's